

# HÔTEL-DIEU

## Centre Hospitalier

### **Call for support**

#### ***Patients of the psychiatry department at Hôtel-Dieu de France***

Since October 2019, Saint Joseph University of Beirut (USJ) and its affiliated Hôtel-Dieu de France (HDF) hospital have faced immense challenges in Lebanon. These include an economic collapse, a 285% inflation rate, a humanitarian crisis from the Port explosion, and the Covid-19 pandemic. HDF has responded with humanitarian efforts, such as treating the injured, conducting free vaccinations campaigns, and offering financial aid through its social solidarity fund, benefiting numerous patients from 2019 to 2023.







## Mental health, another health crisis

According to the World Health Organization (WHO), mental disorders affect 1 in every 8 people globally, leading to significant disruptions in thinking, emotions, or behavior. This often culminates in suicide, claiming over 700,000 lives annually, with attempted suicides far outnumbering completed ones. Suicide is the fourth leading cause of death among 15–29-year-olds, with 77% occurring in low- and middle-income countries. Despite effective prevention and treatment options, access to care remains a challenge for many.

The Psychiatry Department at HDF plays a crucial role, offering inclusive care without discrimination. However, despite accommodating numerous inpatients and facilitating day hospitalizations, a significant portion lacks social security coverage, leaving over 80% of patients grappling with financial challenges. As a result, they rely heavily on HDF's support to address their mental health needs.





## HDF Psychiatry Department

Today, HDF stands as a leading center for adult mental health with more than 40 new cases annually. The Psychiatry Department goes beyond clinical intervention to save lives; it strives to enhance the overall quality of life for patients. This holistic approach includes access to a multidisciplinary team of professionals, such as psychologists, occupational therapists, psychomotor therapists and dietitians, who play pivotal roles in the comprehensive care provided. Established in 2010, the Psychiatry Department at Hôtel-Dieu de France has garnered recognition for its contributions to the field.

### The Psychiatry Department in numbers:

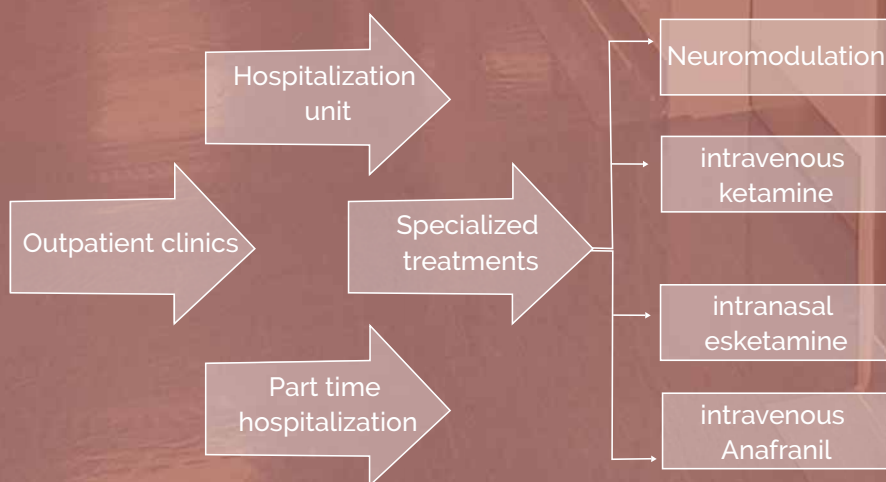
9	Psychiatrists	2	Psychologists
9	Psychiatry Residents	1	Psychomotor Therapist
6	Mental Health Nurses	1	Social Worker
1	Occupational Therapist	1	Dietitian



This dedicated team is committed to serving 200 patients throughout the year, addressing the diverse mental health needs of the community.

Multidisciplinary meetings, scientific endeavors, ongoing clinical research, and access to diverse therapeutic modalities have propelled the Psychiatry Department to a national acclaim, establishing it as a pivotal institution in mental health care in Lebanon. Patients seeking care at the psychiatry department span various age groups, reflecting the department's commitment to addressing mental health needs across the lifespan. Unfortunately, the department has recently experienced a reduction in activity due to the departure of several mental health professionals who left Lebanon amid the crisis.

### The mental health patient journey



HIPPOCRATE DE COS (460 B.C. -370 B.C.) - Médecin et philosophe de la médecine car il est le plus ancien médecin connu de l'époque. On lui doit la méthode et l'observation de la discipline basée sur l'expérience et l'observation se basant sur des signes observables dite "diagnostic" fonde une éthique médicale basée sur le serment d'Hippocrate pr...



## The day hospital in psychiatry:

Full-time hospitalization aims to provide patients with an opportunity to articulate their suffering, alleviate their anxiety, and formulate a plan for continued care beyond the hospital stay. Given the complexity of mental disorders and the time-critical nature of their treatments, patient care extends beyond the discharge from the psychiatry ward. For individuals in need of regular or intensive support, the Day Hospital serves as a crucial resource:

- Offering an alternative to full-time hospitalization
- Facilitating a smooth transition to their usual lives after the hospital stay
- Ensuring ongoing treatment to prevent relapses
- Fostering patient stabilization, personal development, and social/ professional integration
- Promoting autonomy and the ability to function within a group setting

With a standard duration of 6 months, possibly renewable, treatment typically involves three half-days per week. Despite the potentially intimidating nature of psychiatric hospitals, the goal is to facilitate healing and enhance the mental and physical well-being of the patients. Notably, the Day Hospital stands out as the first and only one of its kind in Lebanon, primarily focusing on rehabilitating patients while allowing them to remain in their familiar settings.

The journey of a mental health patient is not confined to a single day or month. It is rather deemed chronic in nature, requiring multiple hospitalizations, each potentially life-saving. This extended and comprehensive approach is tailored to suit certain forms of mental health disorders, that are chronic in nature.



Services and cost:

In the past four years, the psychiatry department has been actively involved in various therapeutic approaches, as detailed in the table below:

Type of service offered	Purpose	Duration and frequency	Approximate cost
Full-time hospitalization	<div><div>•Ensure the patients' protection and clinical assessment in cases of agitation</div><div>•Facilitate the withdrawal from substance use.</div><div>•Manage suicidal crisis.</div></div>	At least one week of hospital stay with possible subsequent hospitalizations across the lifespan	Around \$450 per night of hospital stay.
Part-time hospitalization	<div><div>•Treat severe depressive and anxiety disorders with IV medication and/or ECT.</div></div>	Three times per week for 2 to 4 weeks with patients possibly requiring subsequent hospitalization across the lifespan	From \$150 to \$450 per treatment session depending on the type of the treatment delivered.
Day hospital	<div><div>•Provide multidisciplinary follow-up and rehabilitation of patients with various types of mental disorders during the stability phase.</div></div>	Three half-days per week for a standard duration of 6 months.	Fixed fee of \$1000 per month.

The mission of the psychiatry department of Hôtel-Dieu de France in screening and treating mental disorders goes beyond the ward itself as evidenced by the following:

- Offering social, psychomotor, occupational therapy, psychological and psychiatric consultations for all ages at the family medicine center of Hôtel-Dieu de France (for a minimal fee of \$3.5 per consultation).
- Covering the mental health needs of other departments in the hospital, by offering consultation-liaison services per the treating physician's request.
- Covering the mental health needs of the patients receiving care in the USJ-HDF healthcare network.







# Service de Psychiatrie

## Contribute to the social fund to help patients with mental disorders

The Psychiatry Department at Hôtel-Dieu de France has established a Social Support Fund, aiming to offer financial assistance to individuals facing economic challenges even if they are covered with Social Security or private insurance (remove coverage). The establishment and operation of this fund are essential components of HDF's broader social and public mission within the realm of mental health care. To sustain our commitment to these patients and ensure the provision of quality mental health services, we reach out to compassionate donors who recognize the significance of our humanitarian cause. Your support to HDF's Social Support Fund contributes to a highly professional psychiatry department that has consistently navigated the diverse challenges Lebanon has encountered. By backing this initiative, you affirm your dedication to a leading presence in the Lebanese medical landscape and the sole francophone university hospital in the Middle East.

Through your generosity, you play a vital role in saving the lives of numerous individuals, promoting mental well-being and resilience. We deeply value and appreciate your meaningful contribution to our mission.

*Let us unite so that we keep standing by the patients' side and may your valuable contribution allow us to take care of more patients.*

For your online donations



Please notify us by e-mail at [fondationusj@usj.edu.lb](mailto:fondationusj@usj.edu.lb) after you have made your contribution.

# BANK DETAILS



LEBANON

## Donations by bank transfer

### Name of the beneficiary

Hôtel Dieu de France

Bank: Bank Audi SAL

Branch: Achrafieh Corporate, Centre Sofil, Beirut, Lebanon

Swift Code: AUDBLBBX

### Lebanese Pounds

Account number: 000918170107

IBAN Code: LB25005600000000000918170107

### American Dollars

Account number: 000918170093

IBAN Code: LB15005600000000000918170093

### Euros

Account number: 000918170094

IBAN Code: LB85005600000000000918170094

## Donations by check

Made out to

Hôtel Dieu de France

Address

Hôtel Dieu de France, Achrafieh

## Cash donations

Address

Hôtel Dieu de France, Achrafieh



switzerland

## Donations by bank transfer

Tax deductible

Beneficiary: Association Liban Avenir Meilleur (ALAM)

Bank: UBS Genève

Swift Code: UBSWCHZH80A

### Swiss Francs

IBAN Code: CH85 0021 5215 1042 7301 K

Account Number: 215-104273.01K

### American Dollars

IBAN Code: CH80 0021 5215 1042 7360 U

Account Number: 215-104273.60U

Please mention «Fondation USJ-HDF»



FRANCE

## Donations by bank transfer

Tax deductible

Beneficiary: Fondation OMCFAA

Bank: Crédit Industriel et Commercial

Swift Code: CMCIFRPP

IBAN Code: FR76 3006 6100 4100 0105 6021 146

or

Beneficiary

Université Saint-Joseph de Beyrouth

Bank: Europe Arab Bank

Swift Code: ARABFRPP

### Euros

Account Number: 00709173345

IBAN Code: FR76 1797 9000 0100 7091 7334 540

### US Dollar

Account Number: 00709173301

IBAN Code: FR76 1797 9000 0100 7091 7330 175

## Donations by check

Tax deductible

Made out to

Œuvre des Missions Catholiques Françaises d'Asie et d'Afrique

To precise: donate for the campagne

HDF hospital support

or

HDF patient support

Address

Saint-Joseph University of Beirut

Paris Administrative Office

42 Rue de Grenelle

75343 Paris Cedex 07, France

## Online donations

Tax deductible

For your donations, please choose: I would like to donate to a specific project: "137 - USJ - Fonds de solidarité Hôtel Dieu" project on the following link:

<https://dons.omcfaa.org/USJ-HDF>



CANADA

## Online donations

Tax deductible

Please follow the following steps:

1. Go to [jesuites.ca/je-donne/](https://jesuites.ca/je-donne/)
2. Select "Œuvres jésuites du Canada français" under "Votre contribution est en faveur de".
3. In "Autres missions": select "Appui aux œuvres missionnaires à l'étranger"
4. Under "Entrez le nom du missionnaire que vous souhaitez soutenir", write: USJ BEYROUTH - HDF



USA

## Donations by bank transfer

Tax deductible

Bank of America

Beneficiary: Saint Joseph University

Foundation, Beirut Inc.

Account: 004666725259

Routing: 011000138

Please specify:

HDF hospital support

or

HDF patient support

## Online donations

Tax deductible

The PayPal button and the USA button are tax deductible. Select: « Donate to Heal HDF Hospital Emergency Fund » on the link below:

[https://www.paypal.com/donate/?cmd=\\_s-xclick&hosted\\_button\\_id=P3GEM594PQD88&source=url](https://www.paypal.com/donate/?cmd=_s-xclick&hosted_button_id=P3GEM594PQD88&source=url)

## Donations by check

Tax deductible

Bénéficiaire: Saint Joseph University Foundation, Beirut Inc.

Adresse

555 Turnpike Street, Suite 55

North Andover, MA 01845, USA

Please specify:

HDF hospital support

or

HDF patient support

The Saint Joseph University Foundation, Beirut Inc. is a valid 501(c)(3) non-profit organization (EIN: 81-5424816) in accordance with the standards and regulations of the United States Internal Revenue Service (IRS).

Donations are tax-deductible to the extent allowed by law



PORTUGAL

## Donations by bank transfer

Tax deductible

Beneficiary: FUNDAÇÃO GONCALO SILVEIRA

Account Number: 000.10.591815-5 HDF Libano

IBAN: PT50.0036.0000.99105918155.56

BIC/SWIFT: MPIOPTPL